



AFPA
Australian Federal
Police Association

MEMBER UPDATE

Equipt app Launch

Today I was joined by AFP Commissioner Andrew Colvin at the official launch of the equipt app.

Equipt is a free wellbeing app designed for current and former AFP employees and their families and is mutually supported by the AFPA and the AFP.

The app was developed by The Police of Association of Victoria (TPAV) and Victoria Police together with mental health experts. The AFP along with other Australian policing jurisdictions have licence agreements with TPAV and Victoria Police to rebrand and customise the app for AFP members and their families.

Equipt is designed to help employees and their families track their physical, emotional and social wellbeing as well as offer on-the-spot support and helpful actions to improve overall wellbeing.

Above all, equipt is confidential and can help put you in touch with support you choose, who understand law enforcement and the challenges you face. It is a personal app which can only be accessed by the user.

The equipt app is free to download and is available through Apple iTunes and Google Play.

I strongly encourage all members and their families to download the equipt app today. Equipt should form part of your regular mental health check routine.

Equipt works. It will help you take back control of your own wellbeing both at home and at work.

Working together, the AFPA and the AFP can make the role of policing easier. Not just for the now, but for the future.

ANGELA SMITH

President

Australian Federal Police Association

P 02 6285 1677 M 0401 742 606

E: angela.smith@afpa.org.au

A Level 3/53 Blackall Street, Barton ACT 2600
PO BOX 4576, Kingston ACT 2604

www.afpa.org.au



